

ADRIAN LANGSTRAND

B . 21.01.1995



EXPERIENCE

2025- D.D.
Poléoland

Content Creator and Strategist
Creating content and strategies
in Poléoland's café + agricultural projects

2021 - 2022

Samlingsstund + Til Barns Beste
Podcast and Social Media

Podcast series produced on behalf of Queen Mauds University
College. Presenting science and publications in academia.

Juni 2019 - August 2019

Visit Trondheim
Digital Marketer

Digital marketer and content creator for
Visit Trondheim during the summer season

2016 - D.D.

Adrian Castillo

Art Photographer and Sole Proprietorship
Firm for commercial and portrait photography in
addition to consulting companies on digital surfaces

EDUCATION

2025 - 2026

University of Agder

Year program in Multimedia Technology and Design in addition
to the subjects General Programming, Introduction to Artificial
Intelligence Technology and Human-Centered AI.

2023 - 2026

University of Agder

Bachelor degree in Communication and Media. Thesis:
"Conditions for Freedom of Expression in Today's Media
Landscape: A Qualitative Content Analysis of Media Texts
Following the Publication of NOU 2022:9 "En åpen og opplyst
offentlig samtale"

2020 - 2023

Queen Mauds University College

Early Childhood Education and Pedagogics

2016 - 2018

Norwegian School of Photography

Degree in Photography and Project Management

KEY QUALIFICATIONS

- Communication
- Teamwork
- Adaptability + flexibility
- Creative Processes
- Content Marketing
- Technical Abilities
- Eager to learn
- Adobe Creative Suite
- Microsoft 365
- Google Workplace
- Web, WP CMS, CDN
- Photo + Video
- MacOS + Windows
- Social Media

CONTACT

**Rykeneveien 50
4825 Arendal**

t: +47 458 38 304

e: post@castillo.no

w: www.castillo.no

instagram.com/castillo.no
 linkedin.com/adriancastillo
 adriancastillo.no/prosjekt

References are given upon request

ABOUT

Hi, I am **Adrian!**

I am a content creator + strategist and creative soul from Lofoten who loves working with
people, over average interested in communication, and eager to be a part of your team at Gard!

I have followed the company for a while now, and I am delighted
to apply your position as Communication Executive.

I look forward hearing from you!