

Alex Sgambati

SAG-AFTRA, AEA

PARADIGM

Mary Izzo
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AUTHENTIC (NY)

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TELEVISION

The Walking Dead	Recurring	AMC
Nashville	Recurring	CMT
Blue Bloods	Guest Star	CBS
The Inspectors	Guest Star	CBS
Sleepy Hollow	Heavily Recurring	FOX
The Late Late Show	Heavily Recurring	CBS
Red Band Society	Guest Star	FOX
One Tree Hill	Guest Star	CW

FILM

Butterfly Caught	Naomi/Lead	dir. Manny Rodriguez
Love, Simon	Claire/Supporting	FOX/dir. Greg Berlanti
The Long Walk Home	Alex/Lead	prod. Anthony Hemingway
Love at the Shore	Kayla/Second Lead	Hallmark Channel
Some Kind of Beautiful	Stacey/Supporting	Lionsgate

THEATER (selected)

Closer	Alice/Lead	Earthworm Players
the dreamer examines his pillow	Donna/Lead	Earthworm Players
Oleanna	Carol/Lead	Earthworm Players
The Comedy of Errors	Adriana/Supporting	Burning Coal Theatre
Dancers	Inez/Supporting	Governor's School
Life of Pi	Pi/Lead	Governor's School

TRAINING (selected)

Scene Study	Larry Moss, Michael Woolson, Darci Picoult (NYU)
Linklater	Beth McGuire (Yale), Mary Irwin (UNCSCA), Shakespeare & Co.
Shakespeare	Tina Packer, Shakespeare & Co, Louis Scheeder (NYU), Joe Siravo
Movement	Faye Simpson/Lucid Body, Shakespeare & Co.
Theater Conservatory BFA	Chapman University
Film Production BFA	Chapman University
Alexander Technique	Louis Rodrigue, Kristof Konrad, Caren Bayer
Singing	Andrew Byrne
Improv Comedy	UCB
Scripted Comedy	Lesly Kahn

SKILLS

Film: Motion Capture, Silent Film, Host/Teleprompter, Green Screen. **Languages:** French. **Accents:** English (RP, Midlands), French, Greek, Russian, Southern (Appalachian), Boston. **Vocal Range:** First Soprano to Alto. **Sports:** Soccer, Yoga. **Music:** Piano, beginner guitar. **Dance:** Greek, Jazz, Gaga. **Other:** Driver's License, U.S. Passport.

AWARDS

Best Actress: Sunset Film Festival LA '18, Mammoth Film Festival '18, Williamsburg Independent Film Festival '17, IndieFEST '17. **Best Ensemble:** San Diego Film Festival '17.