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PRE-APPOINTMENT GUIDE

On the Day

~Arrive with a clean, makeup-free and moisturised face

~Bring your inspiration images (from my website or socials)

~lf adding on waves, hair should be freshly washed and fully dried.

The Essentials

~Cleanse your face gently. Avoid foaming cleansers that strip the skin. ~Moisturise well, ideally on damp skin. If your skin feels tight, your moisturiser may not be hydrating enough.

~Exfoliate regularly (chemical exfoliants only — no scrubs!)

~Hydrate with water

~Sunscreen using a lightweight formula like La Roche Posay SPF 50+.

In the Lead Up

- ~No picking. Resist the urge! Scabs are harder to cover than pimples.
- ~Book any facial waxing at least 4 days before your appointment.
- ~No dermaplaning the week of your booking.
- ~Lash lifts can be great if you have straight lashes ask for a soft curl so we can still apply false lashes if needed.
- ~ If tanning, include your face, and tan 2 days before your appointment. Violet-based tans are preferred.



HAIR

The tapestry

- @kristy.hair.stylist
- @hair.folk

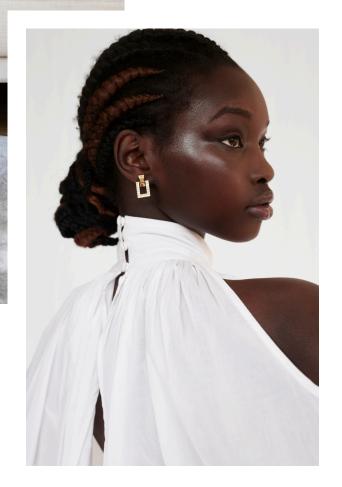
- online skin coaching: www.Amperna.com
- @bloomnaturalhealthco
- Spray tan: Ella Bache Bendigo and Pearl & Sage.
- Three Warriors Self tan: Gradual Tan.

YOU&I

New to booking makeup? I'll guide you every step of the way.

If you're unsure about anything or just want to chat through the details, please reach out. I'm always happy to answer questions and help you feel confident before arriving at your booking.

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