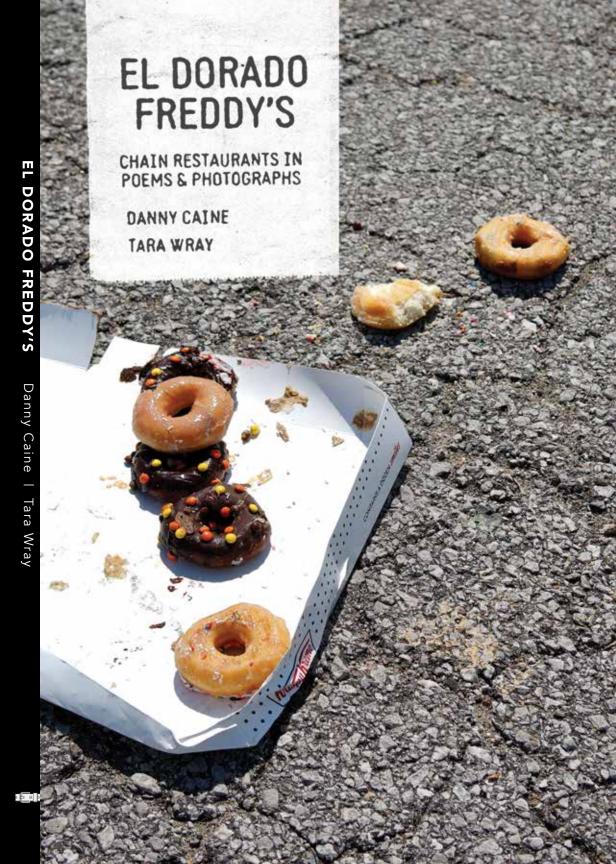
El Dorado Freddy's is a literary yet goofy book about American food and identity. "What follows is a visual and poetic consideration of nostalgia, chicken fingers, parenting, identity, and politics," writes Danny Caine, whose funny, deceptively accomplished poems—tackling such subjects as Olive Garden, Applebee's, and the conundrum of Pizza Hut cheese—are paired with Tara Wray's color-drenched images. Set in the Midwest, where people eat at chain restaurants even when they know better, El Dorado Freddy's is a playful book about a serious business.

DANNY CAINE is the author of *Continental Breakfast* (Mason Jar Press 2019), *Uncle Harold's Maxwell House Haggadah* (Etchings Press 2017), and *How to Resist Amazon and Why* (Microcosm Publishing, 2019). His poetry has appeared in *DIAGRAM*, *Hobart*, *Barrelhouse*, and *Mid-American Review*. He lives in Lawrence, Kansas, where he owns Raven Book Store.

TARA WRAY is a photographer based in Vermont and the author of *Too Tired for Sunshine* (Yoffy Press, 2018). Her work has been featured in the *Washington Post*, *Vice*, and *BURN Magazine*. She has also directed two feature-length documentaries: *Manhattan*, *Kansas* and *Cartoon College*.







EL DORADO FREDDY'S

Chain Restaurants in Poems and Photographs

EL DORADO FREDDY'S

Chain Restaurants in Poems and Photographs

poems: Danny Caine photographs: Tara Wray



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Dedications:

Danny:

for Jack

Tara

for Bessie Wray, 1926-2017

"So I decided it would work if I went to every restaurant in town. That would mean places such as Taco John's, McDonald's, and the truck stops. To me, these places are interesting. And plenty of people eat in them."

-Marilyn Hagerty, Grand Forks

"The hamburger is distinctly popular only in states west of the Mississippi River and east of the Rocky Mountains."

—A Wichita newspaper in 1925, quoted in David Gerard Hogan's Selling 'em By the Sack: White Castle and the Creation of American Food

"We spend our entire lives assuming that buildings are permanent, and that, on this basis, we can revisit our pasts."

-Kate Wagner, "The Archivists of Extinction"

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PROLOGUE

El Dorado Freddy's began on Twitter. Absently scrolling one day, I came across a thread promising to rank "all the chain restaurants' chicken nuggets." The representative sampling was, suffice to say, nowhere near "all" the possible nuggets. The thread was neither complete nor insightful, and I was certain I could do better.

Later, I found myself on the way to an evening work assignment needing a quick dinner. I was on the south end of town, where all the chain restaurants are, so I pulled into a Popeye's. The resulting delicious meal reminded me of the nuggets tweet, and my experience at Popeyes was weird and poignant enough that I wrote a poem about it. The poem ended up reviewing the restaurant as well, and I liked the idea of a poem that works as a poem and also as a restaurant review.

Later, again on Twitter, Aaron Burch posted a call for weird column ideas for his journal *Hobart*, which had published me a few times before. I sent him a proposal for a series of restaurant review poems, and he loved it. We eventually ran eight of these, once a month. When the first poem ran, I got an email through the contact form on my website from Tara Wray asking, in part, "Would you be interested in taking a few days this summer and hitting as many chains as possible with me? I would take pictures and you do the writing and we could self-publish it in book form." Fortunately, Belt Publishing was kind enough to offer us a contract so we won't have to self-publish it. Aside from that, things happened exactly as Tara proposed.

I had seen Tara's work before. I love her brilliant image of a cat eating squirt cheese, as well as the one depicting a donut tragically crushed beneath the top of its cake stand. Her sensitive exploration of living with depression, as well as her eye for landscape and her dark sense of humor, were a perfect fit. I instantly loved the idea of collaborating.



The commercial landscape that interests us is equal parts linguistic and visual, full of hyperbolic slogans, optimistic menus, neon lights, and saturated colors. Any meditation on what it means to be a chain restaurant consumer must be based in both language and image.

What follows is a visual and poetic consideration of nostalgia, chicken fingers, parenting, identity, and politics in a Midwestern landscape where people often eat at chain restaurants, even when they have "better" choices available. Even though these kinds of places don't often show up in poems. Think of this as two small books bound together, one with a portfolio of poems and one with a portfolio of photographs. In the dialogue between them, we hope a portrait of this neglected yet ubiquitous landscape emerges.

—Danny Caine and Tara Wray, February 2019

CHICKEN NUGGET

The chicken nugget was invented in the 1950s by Robert C. Baker, a food scientist at Cornell University see also out of frustration with my childhood picky eating, my mother once asked me to write down all the foods I actually would eat see also McDonald's added chicken nuggets to their menu in 1980 after buying the recipe from Tyson in 1979 see also one of the items on my list was Thanksgiving dinner, two others were Burger King and Wendy's chicken nuggets, but not McDonald's see also the town of Tonganoxie, Kansas successfully rallied grassroots support to sink a plan to build a Tyson processing plant there see also there is no McDonald's in Tonganoxie see also in January 2019 Tyson announced the recall of 36,420 pounds of chicken nuggets because customers were finding rubber in them see also the concept of the chain restaurant originated in Kansas, with Fred Harvey's Harvey Houses along the Santa Fe Railroad see also Wendy's nuggets still taste and look the same, but somewhere along the line Burger King changed its recipe see also the first fast food chain, White Castle, was founded in Wichita, Kansas in 1921 see also During early 2019's record-length government shutdown the national champion Clemson Tigers football team visited the White House where Donald Trump had personally bought them 300 Wendy's and McDonald's hamburgers, plus at least some chicken nuggets, calling it all "great American food" see also the site of the first White Castle is an office building and there is no plaque or anything see also these places have nostalgia but not history see also the last White Castles in Kansas closed during (and because of) World War II's food and labor shortages see also the most retweeted tweet of 2017 was a teen named @ carterwjm asking Wendy's how many retweets it would take for a year of free chicken nuggets see also it was retweeted 3.6 million times and it successfully earned young Carter free nuggets for a year

OLIVE GARDEN

Nights that felt unlimited like salad n' breadsticks: mom's car, a cashed bag boy paycheck, another exit, another country. Parking lot Italy, no passport needed, just a flashing buzzer. This was all we knew of fancy. We just couldn't swing that many dates where dinner cost more than ten bucks each. I see them winking when they discuss this place, even when they try to be kind. *Okay, fine*, they say. *The salad is actually good*. Of course the salad is good, it's America's national dish. I don't have time for their winks because if I don't leave now, the line will be too long when I get there. Good thing the pasta, like the salad, like us, never ends.

Address: 15090 W. 119th St., Olathe, KS 66062

Eaten: Seafood Alfredo, Grilled Chicken Parmigana, Italian Margarita, Salad n' Breadsticks (\$52)

With: Poet + Kara

Why: I have begun working on a book of poetry about chain restaurants. If this is going to be the bible of chain restaurant poetry, it must begin in the Garden.

WENDY'S

On the way to T's childhood Wendy's I tell her about mine, a Fancy Wendy's, with a salad bar, rooms, tin ceilings or something. I've been too afraid to go back: no person ever steps into the same Wendy's twice. T wants to take photos of hers but we arrive to find a letter on the door. As of last December's fire, the building is unsafe to occupy. A plastic tree still leans against the window. They didn't even have time to put the chairs up. This Wendy's is now open only in T's memory and nothing has changed since she came here with her grandparents years ago. T smiles. Inside this Wendy's, they are still alive. We can't go in, but it's enough to cloud this glass with breathing, trying to get a picture.

Address: 3006 Anderson Ave., Manhattan, KS 66503

Eaten: n/a With: Poet + T

Why: Nostalgia is a GPS

POPEYE'S LOUISIANA KITCHEN

The man at the microphone tells me I'm guest number 138— a guest, but a number nonetheless. I guess I'm not in Panera anymore. The chicken tenders taste exactly like chicken tenders

and the green beans swim in salty goop. A sign on the wall says "over 300 years ago, seven distinctive culinary traditions came together to create THE uniquely American cuisine." They must mean the chicken tender.

When it opened here, Popeye's needed a rent-a-cop to direct drive-thru traffic as visored employees clipboarded the line. Tonight is calmer: quiet zydeco burbles punctured by a manager who aced the training session about shouting.

Something in the book I'm reading makes me miss Aunt Pat. When she was alive, I was picky. A strict chicken tendertarian. I wish I could explain to her that I like fancy restaurants now, like she did, that I'm sorry I dragged her to so many Burger Kings

and Popeye's. And I do. But I'm still called guest 138. These are the places I actually went with her, not the places I wish I could've. Aunt Pat had taste, but what I thought was good was good enough for her.

Address: 2560 Iowa St., Lawrence, KS 66046

Eaten: 5 piece spicy tenders meal with green beans and Diet Coke (\$9-something)

With: Poet, alone

Why: Between errands and selling books at an offsite reading, a quiet moment to sit in the corner booth, watching the sun set behind the American Family Insurance, and read the end of Hanif Abdurraqib's *They Can't Kill Us Until They Kill Us*.

ON THE BORDER MEXICAN GRILL & CANTINA

Why the hell is it so hard to get every friend into one restaurant at the same time? But it's our only idea of how to tell people: no Facebook bullshit, no baked goods shenanigans. Put everyone at a table and tell them. That's as far as the plan got. Lele loves this place's happy hour, so here we are but Lele is in the process of flaking while we decide whether to order or not. How about drinks: Kara asks for water and I think Kate notices. The margaritas take too long to get here and I'm dying, can't think of anything to say. Anything else to say. They arrive. I propose a toast. Everyone says "cheers" and I say "we're pregnant!" The pause that follows is better than any of the food here.

Address: On The Border Mexican Grill & Cantina, 3080 Iowa St., Lawrence, KS 66046: NOW CLOSED

Eaten: Taco Salad, Grilled Fish Tacos Del Mar, a big margarita (something like 30 bucks) With: Poet + Kara + Kate + Hannah + Jacob + Megan. Lele did join up later. She got her own thing that involved *Jeopardy* and it's the only part we remembered to record on video. Why: Everybody says not to tell anyone until 12 weeks, but nobody says how hard it is to wait that long.

IN-N-OUT BURGER

Animal style: mustard patty, extra spread, griddled onions.

Baby style: all over the floor.

Toddler style: negotiating a cocoa in exchange for three more bites then storing the bites in-mouth until the cocoa arrives, then spitting out all the bites. *See also*: chipmunk style.

Martha style: some kind of experiment in finding the perfect In-N-Out order which ends up being lots of single veggies in wax paper bags. She should give up—the double-double animal style is the LeBron James of fast food burgers—the best ever, and not available in Ohio.

California Style: stop for potty later at the Jelly Belly factory, where the pizzas are jellybean-shaped and jellybeans can taste like donuts and "Nasty Girl" plays in the caseload room where fart beans are on closeout. Then south to Oakland. Watch the hills turn Windows XP green and play Fleetwood Mac loud enough to get the kids to sleep. Absorb it—this is the extra spread to put on the Culvers-at-best life which awaits after leaving California and these kids again.

Nostalgia style: I miss my Double Double before I even take a bite. I know babies become toddlers, toddlers become kids, friends become long distance friends, burgers become slimy wax paper crumbles: never break the chain.

Address: In-N-Out Burger: 130 Grass Valley Highway, Auburn, CA 95603

Eaten: 2 double-double animal styles plus another with tomato, pickle, and lettuce on the side for some reason, 1 plain cheeseburger, 3 small fries, extra spread, a hot cocoa which is free for kids on rainy days (\$26.39)

With: Poet + Kara + Martha + Martha's baby + Martha's toddler

Why: When in Rome.

CULVER'S

We've never lived in Culver's territory and it still doesn't feel like we do. I mean, it's like a 15-minute drive.

In Ohio we drove 15 minutes for groceries and 45 for work but here we only drive that long

if we have to. Tonight we have to have custard and Kara has to have the baby

stop kicking her bladder for like ten minutes at least and Culver's has to stop putting calorie counts

on their menu. Jesus. The custard is fine, the mint tastes synthetic and the strawberry tastes like an alien

spent years studying the concept of "strawberry" and longer trying to replicate it. For crying out loud

just get a Butterburger and curds. I hear a cashier say *all our burgers are Butterburgers, so.*

Is that a Midwest thing? The trailing so? My phone tells me that, actually

there *are* Culver's in Ohio. 10 of them, with an 11th coming soon in Avon, so

a 15-minute drive from our old place. The northernmost Waffle House is in Toledo. There are no regions left—

someday New Jersey will sprout In-N-Outs. Someday we'll get double doubles at a Mississippi Tim Horton's.

Tonight we just hold hands into the year's first warm evening, across a soft pretzel sidewalk that could be anywhere else.

Address: 2111 W 33rd St., Lawrence, KS 66046

Eaten: 1 mini concrete mixer with mint and Oreo, 1 scoop of flavor of the day (Double

Strawberry) in a cone (\$6.08)

With: Poet + Kara

Why: Valentine's Day, after dinner. The Salvation Army bummed us out but we weren't ready to go home.

MCDONALD'S

Online I see a picture of nuggets. A caption: "I'm in love with the shape of you." How many nugget shapes are there? Two? or three? I'm in love with her (pregnant) and me (had a few), in the drive through line because we both have a silly craving for nuggets but for different reasons. Remember when sweet and sour sauce was round like a belly? I love her in any shape. Oh, we are going to be parents. My parents sometimes didn't want to cook, took us on a fast food cruise of different drive-thrus instead. Are we going to do this? I don't want to, if only because I don't want this—nuggets in the dark, me drunk and her rolling her eyes to ever end.

Address: McDonald's, 1309 W 6th St., Lawrence, KS 66044

Eaten: honestly, this happened quite a bit, but nuggets in six piece increments (\$3.29) and a small M&M McFlurry (\$1.89).

With: Poet + Kara

Why: This McDonald's is visible (and often audible) from our apartment. The person sitting in what will become the nursing chair can hear the drive-through warble. This McDonald's is a presence in our home, even if we can't at the moment smell the combination of nugget and paper bag.

CRACKER BARREL

It could be my last quiet night: I'm off work at four, your mom is in class until nine. 37 weeks. All day I look forward to hours of empty house then I'm there and the whole place itches. I go not home but the place that tries so hard to feel like it. As always, the rifle hangs over the fireplace. As always the bathroom is under the stoplight. A sign in there says "do not leave baby unattended." Good advice is everywhere these days. As always, the receipt printer spits out my seat. As always I order the same thing and it's the same delicious as always. No, earthquake—I don't dread your arrival. I'm in awe of your power to alter, to knock the world's rocking chairs out of line. That you'll disarray even a place so perfectly same.

Address: 1421 SW Ashworth Pl., Topeka, KS 66604

Eaten: Chicken Tenderloins Dinner with honey mustard sauce. Sides: double green beans and turnip greens (with hot vinegar sauce). Yes biscuits. Grape jelly. Diet Coke (Something like 13 bucks)

With: Poet, alone

Why: Hanif has a new poem in *Poetry*, and the only place to buy it is the awful Barnes & Noble in Topeka, and while I'm there, might as well.

CHICKEN TENDER

A restaurant called The Puritan in Manchester, New Hampshire claims to have invented the Chicken Tender in 1974 see also I don't remember my first chicken tender see also When I was a child in the early 1990s, "healthy" meant low fat which led to a spike in production of chicken breasts which in turn led to a surplus of chicken breast by-products like the pectoralis minor muscle, commonly known as the tenderloin see also the chicken tenders from Arby's were always a spicier, more expensive alternative to chicken nuggets, good for a night when the suburban child is feeling adventurous see also the abundance of the tenderloin muscle as by-product led to the prominence of chicken tenders on children's menus in the 1990s see also the best chicken tenders were at our location of a chain called Rockne's, where I would order an adult portion of six and sub potato chips for the fries see also they were perfect with honey mustard and a sprinkling of salt see also to this day I'm dealing with hypertension, like many others in my family see also if one were to ask my parents, there were days when it was either chicken tenders or going to bed hungry.

TEXAS ROADHOUSE VOL. 1

We're waiting for our most important anecdote to start. *Every place now could be the place you go into labor*, I tell Kara. She says you know you want it to be here.

The hostesses always walk so slow to the table, always ask if we're celebrating anything. We could be, I think. I almost answered two point five when they asked

how many tonight. Our baby will be born in America so it might as well be here, where a person in an "I ♥ MY JOB" shirt line dances right past the booth

while Kara's in the bathroom. *Did I miss dancing? Damn!* The first Texas Roadhouse was in Indiana. The food tastes like this is Cracker Barrel's little brother

who drinks too much and sleeps too late. Kara tells me she ate too much last time, so I should hide the rolls. I do. The waitress sees a breadless table and brings more.

We've had lots of last times but this is really it for just-us nights: Her mom gets here tomorrow, the due date is Sunday. Why are we here and not anywhere else?

It's close to Target, Kara says, and I've heard I'll really miss little things like going to the store alone. Our list has two things on it but we still spend a hundred and fifty-five dollars.

Address: 2329 Iowa St., Suite T, Lawrence, KS 66046

Eaten: Grilled BBQ chicken dinner with double green beans, a diet coke, a grilled shrimp

appetizer, a side Caesar salad, a side of mac and cheese, and a water (\$34.41)

With: Poet + Kara, future parents

Why: The baby needs a hamper, right? And we should get some snacks for the go-bag.

DOMINO'S PIZZA

They don't mention that the kitchen closes at 7:00. If a baby is born at, say, 8:07, all the new parents get is a shrugging nurse saying we've got juice boxes and Teddy Grahams. Plus I'm pretty sure Domino's can deliver up here. They can't. An hour after I call (two hours? 15 minutes? Time gets fucked the minute a first child is born) my phone buzzes. The Domino's guy is stuck outside the emergency room entrance with all the late night full moon folks waiting for the security guard to get back from wherever he went. I take the pizza, and wait for my turn with the guard. I turn to the dude next to me and I say it out loud for the first time: I'm a dad. I take a slice of pizza. I haven't eaten since breakfast. The dude says, *me too*, *man*. I want to say the pizza was good. It wasn't.

Where: Domino's Pizza, 832 Iowa St., Lawrence, KS 66044

What: Large pizza with half pepperoni, half mushrooms & onions (I lost the receipt—it was maybe 20 bucks?)

Who: Poet in the parking lot, trying to get back to Kara & the Baby

Why: This town has a famous delivery pizza place—everyone who's lived here more than five years has their phone number jingle memorized. It's also famously cash only, and the ATM was on the to-do list for the day Kara went into labor. We didn't get to it. Hungry, exhausted, I settled for the pizza I could most easily order from my phone without using it as a phone.

TEXAS ROADHOUSE VOL. 2

These bluejeaned teens in shirts that say "I ♥ MY JOB" always ask: *Are we celebrating anything tonight?* Yes: we're celebrating getting out of the goddamn house showered with passable outfits on.

Every book says I'll miss this part. Maybe early fatherhood is a state best imagined from elsewhere, like this Texas: imagined in Indiana, deposited before a fading Sears in Kansas. I love it here. You can't appreciate

waiters dancing in the aisle, staring above all our heads. But I can. How they keep chicken breasts this moist is probably something I don't want to know. And holy moly these green beans. I ask Kara for hers

but she says that's an awful lot of sodium. I've already eaten two orders. We've become parents. My parents say they're proud, that we're doing a good job. But there are days when I'm line dancing because I have to.

Address: 2329 Iowa St., Suite T, Lawrence, KS 66046

Eaten: My parents and I both ordered some variation on the BBQ chicken dinner. Kara got the four-sides-as-an-entrée but skipped her usual mac and cheese because we're still not sure if the baby has a dairy insensitivity. I didn't get the total because my dad insisted on paying.

With: Poet + Kara + the Baby + the Poet's Parents

Why: When you find a place that everyone agrees on—poet, wife, son, grandma, grandpa—you go. You go often.

APPLEBEE'S

After James Wright

1.

Bob Evans and Fuddruckers both had baby-impossible lines. Every table at Applebee's is either empty or full of other families trying to salvage their Father's Day. Where be the jerseys on the wall, the benevolent manager staying open so the rainy football team can eat after the hard loss? This is only a neighborhood bar and grill if the neighborhood is a hotel lobby in 2003. I used to think margaritas were like sex but this one proves me wrong. Sometimes bad is just bad. They say millennials are killing this place: maybe it's a good idea. I'm not even sure what Bourbon Street Shrimp n' Chicken is except bland and brown. This neighborhood is a nightmare of urban planning, all frontage road and parking lot parking lots. Take the wrong left and get disoriented just like Applebee's. Kara can't figure out how to feed you in the booth. I pay on the stupid touchscreen thing. There's a first time for everything: first child, first time using the touchscreen thing. We retreat from our last time at Applebee's to a parking lot with a view of another parking lot.

2.

This is only a neighborhood bar and grill if the neighborhood is memories of Friday nights after football games, the smell of band uniform sweat in the big corner booth. They tell me the chicken tenders are infinite. They ask me if I want more before I can take my first bite.

Where: 1. Applebee's, 1700 Village W. Pkwy., Kansas City, KS 66111

2. Applebee's, 2520 Iowa St., Lawrence, KS 66046

Eaten: 1. Margarita, Bourbon Street Shrimp & Chicken, Thai Shrimp Salad (I don't remember how much it cost because I couldn't figure out how to make the touchscreen thing print)

2. Grilled Shrimp Caesar Salad + Unlimited Chicken Tenders and a Diet Pepsi (\$35.85)

Who: 1. Poet + Kara + the Baby

2. Poet + Kara + the Baby

Why:

1. I knew being a father would change me, but not to the extent that my first response when Kara asks what I want to do for my first Father's Day would be "let's go to the outlet mall to get some more onesies."

2. I see an ad in my Instagram feed for unlimited chicken tenders and it stays in my subconscious all day until we discuss what to do for dinner.

PHOTOGRAPHS



Blue Drink, Lawrence, KS, 2018



Cheeseburger Window, St. Joseph, MO, 2018



Cheesy Skillet Truck, Lawrence, KS, 2018



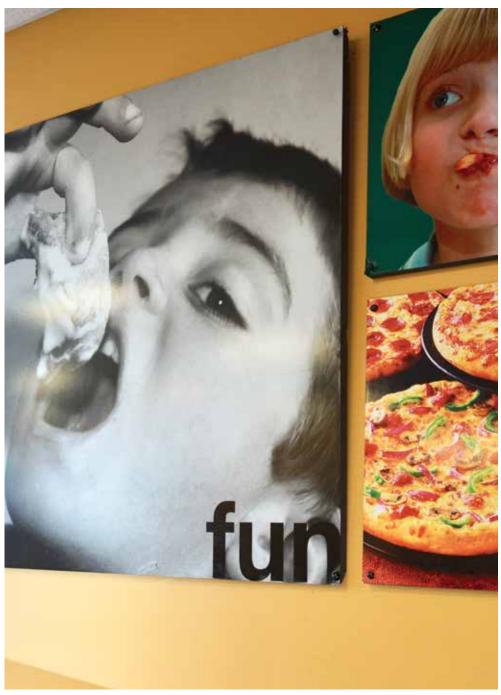
Donuts in a Parking Lot, Merriam, KS, 2018



Pizza Row, Lawrence, KS, 2018



Peek Inside the Kitchen, Topeka, KS, 2018



Fun, Lawrence, KS, 2018



Mall Bungee, Topeka, KS, 2018



Mall Shelter, Topeka, KS, 2018



Banner, Lawrence, KS, 2018



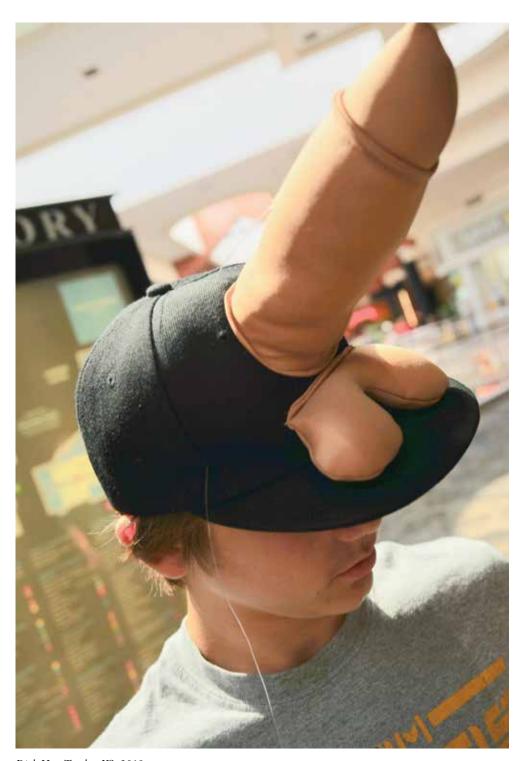
Blue Apple, Kansas City, KS, 2018



Blue Drink Between Legs with Bruise, Topeka, KS, 2018



Grabber Machine, Topeka, KS, 2018



Dick Hat, Topeka, KS, 2018



Mall Kids, Topeka, KS, 2018



Sample Station, Topeka, KS, 2018



Peanuts, Lawrence, KS, 2018



Ants, Topeka, KS, 2018



Hamburger Basket, Manhattan, KS, 2018



Loose Meat, Wichita, KS, 2018



Copper Table and Chicken Nuggets, Topeka, KS, 2018



Tenders, Kansas City, KS, 2018



Drive-Thru With Broken Sign, Manhattan, KS, 2018



Limeade, Manhattan, KS, 2018



Heart, Lawrence, KS, 2018



Obscured Pizza Sign, St. Joseph, MO, 2018



Eggs, Bonner Springs, KS, 2018



Rain, Atchison, KS, 2018



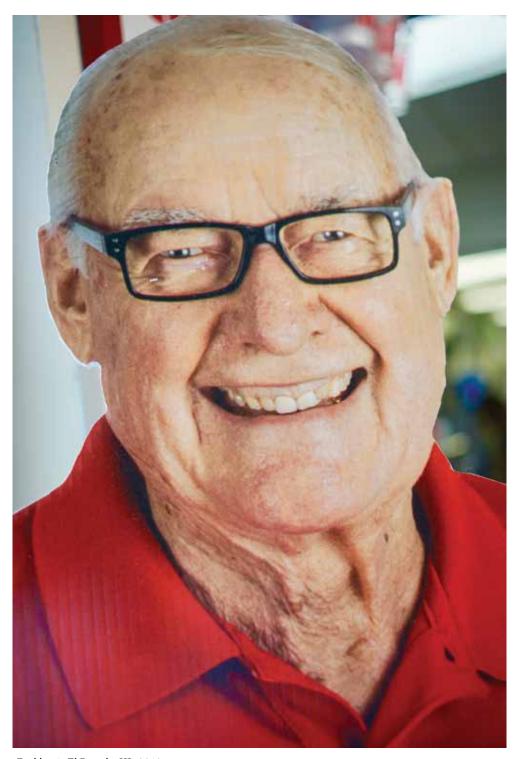
Hospitaliano #1, Topeka, KS, 2018



Red Bag, Topeka, KS, 2018



Mustard Station, Manhattan, KS, 2018



Freddy #1, El Dorado, KS, 2018



Freddy #2, El Dorado, KS, 2018



Freddy #3, El Dorado, KS, 2018



Fry Sauce, El Dorado, KS, 2018



PlayPlace, Wichita, KS, 2018



Red Can with Wire and Trays, El Dorado, KS, 2018



Storm with Wires, St. Joseph, MO, 2018



From a Parking Lot Looking in the Direction of Texas Roadhouse, Topeka, KS, 2018



Cup Towers, Lawrence, KS, 2018



Chicago Dog #1, Wichita, KS, 2018



Hospitaliano #2, Topeka, KS, 2018



Hay-bales with Pizza Roof, De Soto, KS, 2018



Poet with Cat in Tree, Lawrence, KS, 2018



Greenery, Lawrence, KS, 2018



Plastic High Chairs, Atchison, KS, 2018



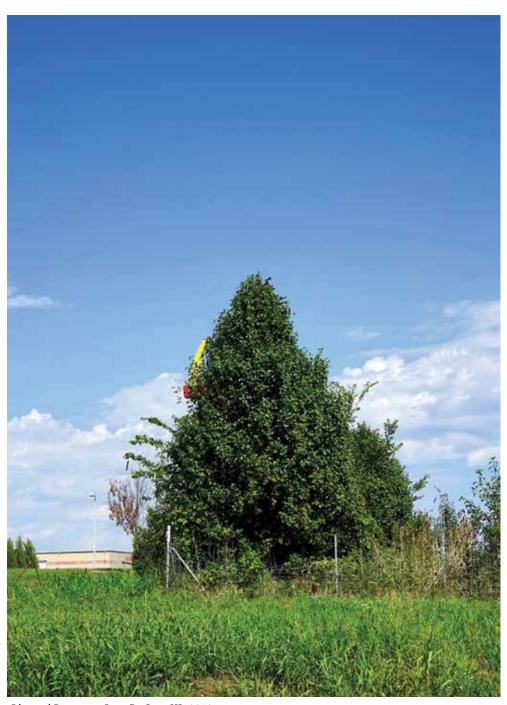
Window Washer and Large Root Beer Stein, Wichita, KS, 2018



Drive-Thru, Lawrence, KS, 2018



Wichita, KS (former site of the first White Castle), 2018



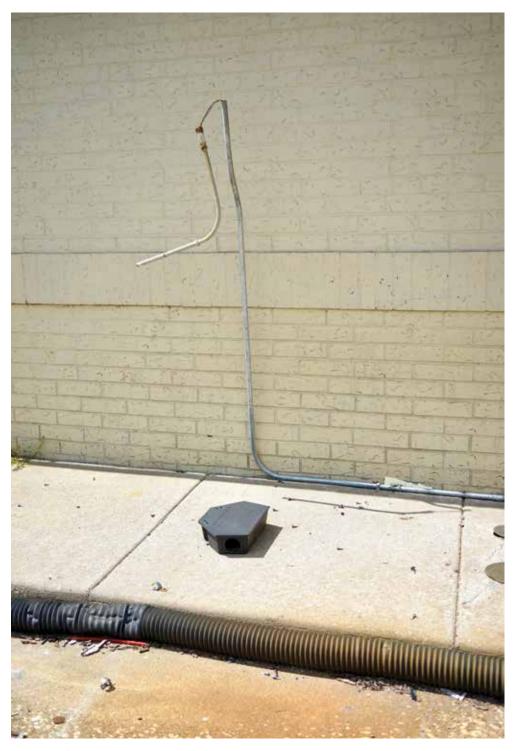
Obscured Restaurant Sign, De Soto, KS, 2018



Wrapped Window in Parking Lot, Lawrence, KS, 2018



Chicago Dog #2, Wichita, KS, 2018



"Kansas Buffet Company" Rat Trap, Topeka, KS, 2018



Hand Dryer, Manhattan, KS, 2018



Delivery Bags, De Soto, KS, 2018



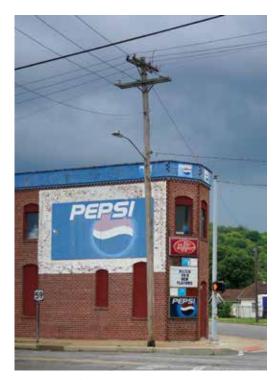
Meat, Lawrence, KS, 2018



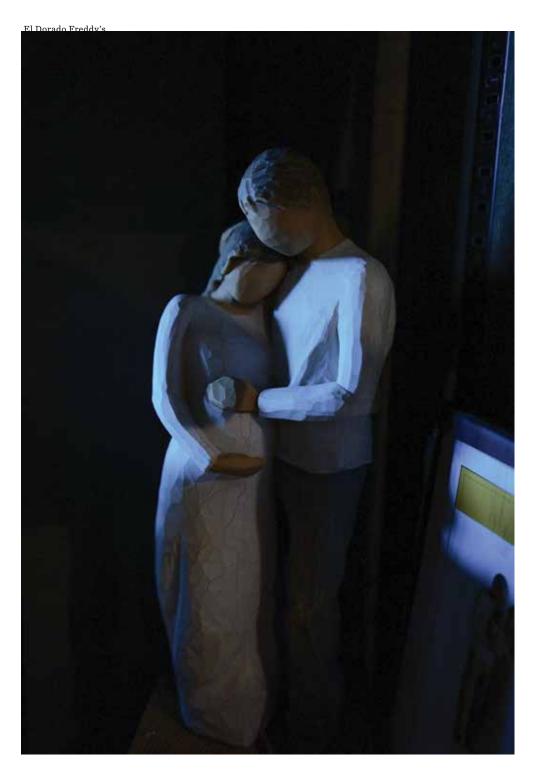
Near Taco John's, Atchison, KS, 2018



Waffle House Reflection in Window of KFC, Bonner Springs, KS, 2018



Pepsi, St. Joseph, MO, 2018



Willow Tree * "Home" Figurine for Sale at Cracker Barrel, Topeka, KS, 2018

PANERA

"Millennial consumers are more attracted than their elders to cooking at home, ordering delivery from restaurants and eating quickly, in fast-casual or quick-serve restaurants,"

—Buffalo Wild Wings CEO Sally Smith, quoted in the *Business Insider* article, "Millennials are killing chains like Buffalo Wild Wings and Applebee's"

Look at all these millennials! This place is swarming with us it's like the Starbucks of chain restaurants. There are millenials on their phones. Millennials playing Pokemon Go. Millennials by the fireplace. There's even a Millennial right here writing a poem! I love all of it. Give me a thingy to flash n' buzz when my sandwich is ready. Put a really cool word in the title of that sandwich: Bacon Turkey Bravo! Give me comfort in knowing that no matter what I eat here, it's healthy because this is Panera! BBQ Chicken Mac n Cheese with 1180 calories? This is Panera so they're good calories! Put some lemon slices in a bucket next to the iced tea. Let me ask for water and fill the tiny cup with Diet Pepsi when nobody's looking. Let me memorize every Panera on I-70

and which mile marker to order from so the food will be ready when I roll up. Panera, why won't you bring back baked chips? It's okay, we accept you for who you are because you accept us for who we are:

Our yoga pants. Our toy drones.

Our gig economy. Our entitlement.

Our refusal to invest in real estate.

Panera you have an app. Panera you know when my birthday is and you give me 99-cent pastries all month. Panera you're our sword.

We hoist you to behead Applebee's Cheescake Factory, and B-Dubs too.

Address: Panera Bread Café #368, 528 W. 23rd St., Lawrence, KS 66046

Eaten: Bacon Turkey Bravo sandwich with chips, a water cup filled with Diet Pepsi (\$9.26)

With: Poet, alone

Why: Any time I need a healthy meal on the go, it's hard to argue with Panera! It's like a meal delivery kit, but it's a building!

FIRST WATCH

I'm ashamed to even say this: I downloaded an app so we could get a spot in line before we even got here.

Now that I'm a father, some compromises are worth it the First Watch corporation knows my location at all times, but

at least the time between car and table is now short enough to nurse this nap. The food, like it is at any brunch place,

isn't that big of a fucking deal. I don't like to make generational generalizations, but we millennials sure do love

to wait in line for hours to eat overpriced eggs. Today, though, we're seated app-fast and they have those cradle things

for the car seat and enough room to put it at the end of our table without an errant waiter knocking you over. The server even compliments your eyes. It might not be worth an hour on the sidewalk by the nail place, but eggs are eggs, and the places downtown don't have cradle things.

Address: First Watch, 2540 Iowa St., Lawrence, KS 66046

Eaten: Decaf coffee with The Trifecta (scrambled, bacon, blueberry pancake), Cold Brew Coffee with the Tri-Athlete Omlette (\$28.42 before tip)

Who: Poet + Kara + the Baby

Why: The plan was to pay the rent, go to the grocery store, and be home for lunch, but a baby can really muck up that kind of plan and after paying rent we were starving. Kara wanted eggs. She was the driver.

CHILI'S

"Along the way, I encounter what I consider to be the real enemy, the thing to be feared, marginalized, and kept at a distance at all costs. If ever there was a vision of evil, look at [...] millions of them spreading all across America like herpes."

—Anthony Bourdain, on Chili's

My whole life I've been jealous when other tables get plates that sizzle but look at me now, with a margarita in a little pitcher thing, shaken

25 times on the way to the table. They even left the pitcher thing here with a little extra. Why we went out in the middle of your growth spurt is a product of fatigue, as is my order—

a plate of very salty things making me notice small cuts in my mouth I didn't know I had. It makes me confused about whether I'm hungry or not, like a baby

in a growth spurt. Kara drops a piece of lettuce onto your ear. You don't notice; she soon gives up on the salad. She says it's unrelated.

None of our food sizzles at any point. I'm not even sure what to order to get something that sizzles. Perhaps the Quesadilla Explosion Salad?

Tony said he'd take a crowbar to Chili's. I'd help. I'm forced to pay on something called a zee-osk, which is filthy and makes me take a survey.

In the comments section, it's all I can do not to write "I don't think I'll bring my baby back to this restaurant any more."

Address: Chilis, 2319 Iowa St., Lawrence, KS 66049

Eaten: 1 Presidente Margarita, 1 Grilled Chicken Salad, 1 Smokehouse combo (chicken &

sausage) (\$46.38. Seems like a lot, right?)

Who: Poet + Kara + the Baby

Why: Oh man, we just had to get out of the house. Someone said Chili's, someone else agreed.

WAFFLE HOUSE

"It is, indeed, marvelous. An irony-free zone where everything is beautiful and nothing hurts. Where everybody, regardless of race, creed, color, or degree of inebriation, is welcomed. Its warm yellow glow a beacon of hope and salvation [...] A place of safety and nourishment."

—Anthony Bourdain, on Waffle House

1.

Last year, Christmas morning, month 4, showing—Kara fell in the parking lot between the hotel and the Waffle House. It wasn't our last hour begging the internet to tell us you'd be okay, but it was the worst. By the time we emerged from the greasy air, hashbrown bloated and walking into fogs of our own breath, we were pretty sure everything would be okay.

2.

Every few weeks Kara and I hear gunshots from the bedroom, but we tell ourselves they're fireworks. We wake up but you don't. Last summer Kansas passed a law allowing guns on college campuses. I fear for Kara who still has to go on campus, and I fear for whatever guns and schools will look like when your time comes. A month before you were born, a shooting at a Waffle House left four people dead. You were almost here and I wondered if anywhere would be safe for you.

3.

The Waffle House Index is a measure of a storm's power: Red means no power, no food, go somewhere else and fast. I keep trying to say the year you were born was a storm, this one *inside* the Waffle House too. But these red booths, these white globe lights, these nicknamed hashbrown options erase everything on the other side of the big windows. Maybe the storm's inside some Waffle Houses, but not this one. We come here every Thanksgiving and sometimes Christmas too. We recognize people.

4.

Now you're here and Tony's gone.
I guess the storm was inside him too.
He died when you were very young and very bad at sleeping. It made sense to watch his show all night bouncing you on the yoga ball. I hope you have his curiosity. You already have his love for Waffle House: you won't stop mugging at the waitresses long enough for us to take a picture. A waitress gives you a hat. Leaving, I say I'm full of joy. Kara says she's full of waffle.

Address: 1405 N. Cassady Ave., Columbus, OH 43219

Eaten: Always the same thing: Kara gets a Waffle, scrambled eggs, and bacon, plus a lecture about the fact that Waffle House doesn't really do a la carte ordering. I get the two egg breakfast, over easy, with hashbrowns smothered, chunked, and capped. A side of bacon if I'm feeling festive. I was feeling festive.

With: Poet + Kara + the Baby

Why: Thanksgiving and Christmas are in Columbus because your great grandma lives there. The cheapest hotel by her place doesn't have free breakfast, but the Waffle House is right across the parking lot.

CHIK-FIL-A

Son, imagine a place where they hand out nuggets for free on the end of toothpicks. Special nuggets called Bourbon Chicken. This magical place was named Food Court It lived inside a "Mall" which was basically a parking garage for stores. Malls used to be everywhere. They're gone now, mostly replaced by Amazon warehouses. When I was a kid, we'd go to the mall when we couldn't figure out what else to do. The best place to get nuggets at a Food Court was Chik-fil-A. Our family doesn't agree with how the Chik-fil-A corporation blends its business with its fundamentalist values. Everything is political, even malls: they leveled neighborhoods and killed the idea of a downtown. Even Amazon: they killed the idea of buying things from people in a building. That used to be possible! We'd drive a car ourselves to a building and give money to a person in exchange for food or other stuff. Everything is political, even nuggets. But Chik-fil-A's nuggets are brined in pickle juice before being fried and are therefore irresistible. I understand. Still, before you ask your Alexa implant to send a Chik-fil-A drone, think about the cost, the real cost, of those chicken nuggets.

Address: Chik-fil-A inside the Westridge Mall, 1801 SW Wanamaker Rd., Topeka, KS 66604:

NOW CLOSED

Eaten: 8 piece nuggets (they gave me 12!) and a Diet Coke (\$6.20)

With: Poet + the Baby

Why: Kara had an Old Navy gift card to spend, so the poet and the baby, like a good Midwestern family, go for a walk in a mall that is dying but not yet dead.

THREE SMALL POEMS ABOUT THREE SMALL CHAINS

1.

NuWay's most controversial belief is that "crumbly is better," that a hamburger should be loose and taste like stale cooking grease. Not great, but certainly no cause for boycott.

2.

Dog-N-Shake believes "everything" means onions, a mixture of relish and mustard, and celery salt. Find me in the streets, marching for that.

3.

Vista isn't even a chain anymore, it's a link to the neon past, especially T's, especially this limeade. The past is never as good as you remember. Lunch is never just lunch but here it comes close.

Address: 1. NuWay, 1416 W Douglas Ave., Wichita, KS 67203

2. Dog-N-Shake, 4323 S. Seneca, Wichita, KS 67214

3. Vista Drive-In, 1911 Tuttle Creek Blvd., Manhattan, KS 66502

Eaten: 1. One Medium Nu-Way and a Root Beer (\$3.29)

2. One hot dog with everything and a limeade (\$5.46)

3. One Vistaburger with a limeade (\$5.68)

With: Poet & T

Why: We went in search of photos, we went in search of the past, we went in search of

cheap food we could eat in good conscience. We found limeade.

CHICKEN FINGER

I cannot find the origin for the term "chicken finger," though there are indications it predates the term "chicken tender" *see also* a restaurant in Savannah, Spanky's, claims to have invented the Chicken Finger in 1976 *see also* The first restaurant to pop up when you Google "Chicken Finger" is Raising Cane's *see also* though my middle name is Adam, and I now have a son who shares my last name, "Adam Raised A Cain" is not my favorite Bruce Springsteen song *see also* Raising Cane's is not my favorite place to get chicken fingers *see also* as I raise this Caine I wonder if he'll be picky too *see also* I want him to have fun eating *see also* I want him to have fun eating something other than *the pectoralis minor muscle, commonly coated in a breading mixture and deep fried in a manner similar to the preparation of schnitzel*

FREDDY'S

You're sleeping. We don't touch anything, don't change the air don't change speeds holy shit we might actually make it to Wichita on time. My phone tells me that it's the birthplace of fast food but I don't want to say it out loud because it might startle you awake. White Castle was first, Freddy's followed nearly a century later but it's possible to eat at Freddy's without self-hatred and a forever smelly car. White Castle took down its Wichita towers a half century ago, but Freddy's loves its hometown enough to erect a billboard on the outskirts declaring how much. Out of fear things might explode before Wichita we stop in El Dorado where everything sounds magical: El Dorado Dollar Tree. El Dorado Wine & Spirits. El Dorado Freddy's. The steakburgers are perfect. Mustard pickle onion cheese. Freddy's knows not to fuck with tomatoes. Salt, crunch, wolf it down in the front seat praying you stay asleep. Jesus Christ this jalapeno fry sauce is liquid gold. I want to eat it like soup with little fry croutons. I want to declare that Freddy's should be more famous but I'm afraid to make noise beyond happy burger sounds.

Switch drivers. Insert Tom Petty's greatest hits and say a prayer you stay happy. Oh yeah, all right, take it easy baby make it last all night, or at least the next thirty three miles.

Address: Freddy's Frozen Custard & Steakburgers, 1809 W. Central, El Dorado, KS 67402 Eaten: Two original double combos, one root beer, one Diet Dr. Pepper. Lots and lots of jalapeno fry sauce.

With: Poet + Kara + the Baby

Why: The baby started to seem like maybe he was waking up, even though we were only a half hour out of Wichita. We ate in the parking lot. He didn't wake up at all.

SPANGLES

We drink relief like Diet Coke: you made it to Wichita without turning tornado. I leave you with Kara at the hotel and drive to this sockhop dream don't call it kitsch, call it make America neon again. Elvis again. Marilyn again. This star spangled past never existed but now it does, at Broadway and Dewey, until 10 pm. It's an accident but I order an Oriental Chicken Salad and a Gyro. Though it's delicious, tonight my homeland is nothing but a hotel room: You, Kara, House Hunters on a cheap flatscreen, and a salad spilled all over my shirt.

Address: Spangles, 612 S. Broadway, Wichita KS 67202

Eaten: Original Gyro, Oriental Chicken Salad (\$12.34)

With: Poet, bringing food back to the hotel for his family

Why: Dinner ended up being rushed (it's hard to get a baby anywhere on a schedule) and immediately upon returning to the hotel after the reading, I realized with horror that I hadn't eaten a single vegetable all day.

RED LOBSTER

"And to visit there is rather special"—Marilyn Hagerty

I've got nothing: this place is fine. There are a lot of people here, and they're all having a good time. The biscuits are, in fact, delicious. Sure, every table has a tiny binder full of cocktails and cakes. But I still had fun and ate a pretty good plate of food.

Address: Red Lobster, 2011 SW Wanamaker Rd., Topeka, KS 66604

Eaten: Create your own shellfish combo with Shrimp Scampi and Sea Scallops, Crab-Topped

Tilapia, Key Lime Pie to share, and just a shit ton of Cheddar Bay Biscuts (\$52.66)

With: Poet + Kara + the Baby

Why: Kara: "You've never been to Red Lobster?"

ARBY'S

Never get anything other than the thing, especially here. Beef really should be what's for dinner, or in this case, breastfeeding lunch. This is what these places don't understand: Nobody wants plain fries here or this godawful chicken sandwich crumbling into my lap and corners I didn't know the Prius had. We don't go here for interior design ideas. We go to feel Western if Western means hard white plastic chairs and Horsey Sauce squirted into a paper cup. I don't have a TV, and I don't want to order lunch from one. I want to stop just long enough for you to get fed and for me to enter a space that serves the same food and looks the same way it did when I was your age.

Address: Arby's, 2711 W. US Highway 50, Emporia, KS 66801

Eaten: 1 Regular Roast Beef Combo (Curly Fries, A&W), 1 Pecan Chicken Salad Sandwich

Combo (Curly Fries, Diet Dr. Pepper)

With: Poet + Kara + the Baby

Why: Kara loves little more than a Roast Beef and Cheese Sticks, but the baby might have a dairy insensitivity? Maybe he's just fussy. The first weeks of the first child have been a flurry of shifting worries. Anyway, the rule goes, she who feeds the baby picks the restaurant.

TACO JOHN'S

Look at this, I tell Kara. Every picture Laura posts of her baby is happy. "She's the love of my life, I love to hear her talking." Talking? She's the same age as our kid. Our kid's not talking. What if Laura has a smarter baby? Kara chews, then says I don't think this is a healthy line of questioning. I chew. There's nothing quite like a Potato Olé. Don't tell me they're just hashbrowns. Fine, I say. There's always this: even if her baby is smarter, at least we have Taco John's here.

Address: Taco John's, 1101 W 6th St., Lawrence KS 66044

Eaten: A bigass thing of potato olés and tons of hot sauce (\$2.39)

With: Poet + Kara

Why: It's a law of the universe: as soon as the words "Potato Olé" are spoken out loud, you must acquire some lest the craving become too overwhelming.

CICI'S PIZZA

This restaurant is as sad as you are. On the wall, a huge monochromatic child eats a hunk of something. The photo is labeled with one unpunctuated word: fun. None of this is. In college we used to pack the whole house into cars for Cici's night. The thing about nostalgia is maybe it doesn't work if the thing wasn't fun to begin with. Kara and I take turns bouncing you and eating various crimes against pizza. Finally you fall asleep on my shoulder. I can't see your face but Kara says you looks sweet, like a slice of powdered sugar brownie. In the mirror in the back of the game room claw machine, I see you. You do.

Address: Cici's Pizza, 2020 W. 23rd St., Suite A, Lawrence, KS 66046: NOW CLOSED

Eaten: Two buffets, two drinks, sixteen bucks

With: Poet + Kara + the Baby

Why: I don't care how easily Cici's fits into the route of your errands, or how family-friendly it seems, or how cheap, or how much it reminds you of a good time in your life. It's not worth it.

SIMPLE SIMON'S

This was not the right day to visit St. Joseph. It won't stop raining and the whole place smells. T is picking up bad vibes. I've heard there's a Simple Simon's here and I'm interested in taste as time travel. I won't get into particulars but a Simple Simon's was important to me for a few summers long ago. Plan: drive to St. Joe, eat a calzone, and go back to those summers. Except the calzone tastes different. Too yeasty. T and I argue about whether the bug she saw was a cockroach. On top of it all a baby starts crying and he sounds exactly like you. T asks if this is the farthest from you I've ever been. She's seen it on my face: it is.

Address: Simple Simon's Pizza, 5123 Lake Ave., St Joseph, MO 64504

Eaten: One calzone, one fountain drink (\$12)

With: Poet + T

Why: "Simple Simon...now that's a name I've not heard in a long time."

RUNZA

On a dad-solo shopping trip, I decide to finally figure out what the hell a Runza is. It's ground beef with some other stuff baked into bread. A Nebraska thing, apparently. It's greasy good. Without thinking, I order the one that shares your name.

Address: Runza, 27th & Iowa St., Lawrence, KS 66046

With: Poet, alone

Eaten: 1 Spicy Jack Runza (\$5.77)

Why: Look, I'm not saying I'm dying to get away from the baby or anything. I've always been annoyed by narratives of parenting that just go nuts on how awful it is. If I were to dwell on only the awful things for long enough to write a poem about them, I'm sure I'd lose all grip. Sleeplessness gets worse when you think about sleeplessness. So since the beginning, I've tried to at least tell people that if not fun, having a baby is less hard than I expected. A narrative of having my shit together would perhaps help me have my shit together. Maybe it's hubris. That said, I do appreciate the chance to have an hour alone. Even if it's at Target. I planned on buying a \$25 box of diapers and I walked out with \$90 in stuff. Part of that is because, even though I'm having this empowering quiet alone moment, I keep seeing things that Kara would like. When I get to the car, the song that comes on the radio is "Naïve Melody (This Must Be The Place)," which happens to be my favorite song in part because it captures the perfect ambivalence of being in a family. Of course, it brings to mind you and Kara. I start the car and point it towards the apartment, in a hurry to get back to you. To hold either or both of you. But not before I grab a quick bite. We're getting a babysitter for the first time tonight. It's just Kara's mom, and Kara insists it'll only be for an hour. We're gonna grab dinner. Of course we're going to go a nice place. A restaurant that only has one location. Every time I go there, I see someone I know.

PIZZA HUT: OUR STORY

In 1958, two brothers borrowed \$600 from their mom to open a pizza place in Wichita, Kansas.

In 2018, your parents took you to Pizza Hut.

We have more than 16,000 restaurants and 350,000 team members in more than 100 countries.

A poem about Pizza Hut must sprawl like suburbs, from crust to shining crust.

There's nothing cookie-cutter about Pizza Hut.

They don't make Kansas Pizza Huts like Ohio Pizza Huts. An Ohio Pizza Hut is a magic place. Lunch buffet. A stained glass lamp over every table. Curtains. Down and to the side, there's a little smoked glass room that used to be the smoking section but now it's just "the Garden Room." In Kansas, a Pizza Hut can look like anything. Many don't even have that red roof. Many are in strip malls. The one in Lawrence is yellow and looks like a Taco Bell.

Wichita, Kansas

invented it but I guess it's been perfected elsewhere. Let me peek between trees to see a scarlet roof, pause in the door's hot pizza breath while my eyes adjust to burgundy darkness. Pizza Hut should be for paydays and kids who've filled Book It cards.

Pizza Hut was built on the belief that pizza night should be special

when we're moving when our son is born at a high school lock in trying to get people to a meeting every Friday in the cafeteria when we're celebrating when the mailbox coupons are good during the Super Bowl every time we go to Columbus when we miss being a kid when we both worked until 5 and there are no groceries until we can't anymore order three, so my brother and I can both have dinner and the next two lunches when the party is winding down when the party is winding up when we don't want to put pants on to go get nuggets when we can't think of anything else when we learn the baby doesn't actually have a dairy insensitivity

The service felt like home. And the customers were treated like family.

We're trying so hard to have fun. The manager, who takes breaks from something apparently urgent to wait on us, is acting like she's never seen dine-in customers. At the end of every interaction she sprints to the kitchen. Someone leans behind the counter looking at her phone. It is unclear whether she works here. The pizza tastes like a good impression of Pizza Hut pizza.

the ingredients we use are still our highest priority.

It's gotta be the cheese. No other cheese on earth tastes like this. It has a reputation for being greasy, but what pizza doesn't leave a ghost of itself on the empty box?

the belief that pizza night

always sounds better in advance

They named it Pizza Hut, because their sign only had room for eight letters.

PIZZA SAD PIZZA WHY GAS PAINS PIZZA ASS SO GREASY NOPE NOPE A BAD IDEA SETTLING

We don't just make pizza. We make people happy.

Kara frowns and looks around. She says "I could do cartwheels in here."

Address: 600 W. 23rd St., Lawrence, KS 66046

Eaten: Large pizza, half pepperoni half mushroom, an order of breadsticks, a Diet Coke, a Root Beer, neighborhood of 26 bucks.

With: Poet + Kara + the Baby

Why: Kara wanted to welcome cheese back into her life with a joyful experience, but the Pizza Huts are actually better in different states: namely, Ohio and the Past.

HU HOT MONGOLIAN BARBEQUE

with a nod to "Jewish Enough" by Emily Sernaker

Well, we took you to your first vigil today. Two days ago a man barged into a bris in Pittsburgh and murdered eleven people.

As he killed them, he shouted *all Jews must die*. We don't know how Jewish you're going to be, but I'm Jewish so that makes you Jewish

enough. May this be your last vigil. My most Jewish instinct is this: when I feel sad and Jewish, I get hungry.

Our people's languages are Hebrew, Yiddish, and food. How perfect is this place, then.
We can eat as much as we want and the food

never runs out. The choices multiply like grains of sand. Even the pop menu (the pop menu!) has two hundred options. Some would rob us

of the choice to live, or the choice to live a day in this country without having to mourn a mass shooting. Here, though, we confront

infinity only through combinations of grill items and soda flavors. None of these choices has consequences. Next time I can pick

cherry lime Diet Dr. Pepper instead of Grape Fanta—Burn-Your-Village Barbeque sauce instead of Feed-the-Hordes Hoisin—and nothing will happen.

Here I can choose to hoist you above my head and sing along to background Blues Traveler while you and your mom fill the empty room with laughs

a half hour after we sang *Oseh Shalom* on the patio in front of the union with a few dozen others. Both songs

need singing. Which one I sing and when should be a choice, like which six scoops of sauce I ladle into my bowl. I choose. I choose.

Where: 2525 Iowa St., Lawrence, KS 66046

Eaten: Two Create Your Own Grill Meals at the dinner price, plus a hot & sour soup and an egg drop soup and a bowl of rice, a cherry lime Diet Dr. Pepper, and a Grape Fanta (\$40 after tip) With: Poet + Kara + the Baby

Why: The vigil was on campus and the parking garage spit us out headed down Iowa towards the chains. I was determined to carve out some kind of joy today. We passed lots of restaurants: Raisin Canes, not joyful. Pie Five Pizza, not joyful. B-Dubs, definitely not joyful. Hu Hot: this seemed like a place where we could find joy.

BURGER KING

You know the elevator song and rib nibbles and the difference between jumper, bouncer, rocker, and sleeper. You know Sophie and Boppy and Taggies and Moby and Zipadeezip and Wubanub and Bumbo but you know nothing of days packed so tight the only option for lunch is whichever drive thru has no line because you're just a baby watching me eat chicken nuggets while we wait for Kate to get here so I can go back to work, another thing you don't know anything about. Tomorrow I won't remember what the hell even made this morning so busy but I will remember the strange delight you find in watching me chew, that all it takes to make you laugh is taking a bite. They say it's a sign you'll start food soon, but you've tried applesauce and pudding and pickles and you've hated all of it. You're staring at me. I extend a hand towards you, nugget outreached. You part your lips and taste the nugget and taste it again. You look at me and smile.

Where: 1107 W 6th St., Lawrence, KS 66044

Who: Poet + the Baby

What: 10 nuggets, a Junior Whopper, and a Diet Coke (\$5.49)

Why: Errands + baby = running late always (diaper change in the car trunk, bottle in a parking lot, etc.) and you just can't make a salad when all you have is 10 minutes. Or at least that's what I tell myself.

KRISPY KREME

Son, some advice: you don't know what a hangover is, but when you learn, a McDonald's #4 breakfast will help. Never eat at Subway. You're allowed to take breadsticks & salad and/or cheddar bay biscuits to go. While I'm on the subject of breadsticks, ask for extra when you order at Fazoli's because the basket person might come around too late or not at all. Always ask for sauce at Taco Bell, even if you don't want it, because they give you a ton and it's good on tomorrow's eggs. Finally, if you see the Krispy Kreme sign lit up, you must go. I don't know how to make magic but I know where you can go to find it.

Address: Krispy Kreme, 8805 Shawnee Mission Pkwy., Merriam, KS 66202

Eaten: four glazed donuts (5 bucks or so)

With: Poet + Kara + the Baby Why: The sign was on, duh.

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