TUESDAY TIPS LIVE

ONE LIGHT BASICS

with





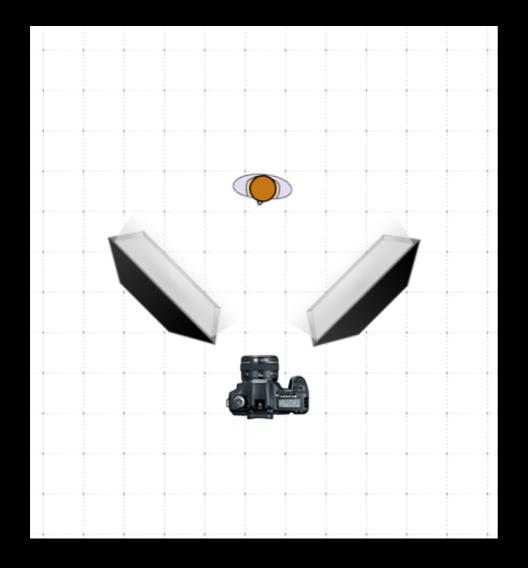


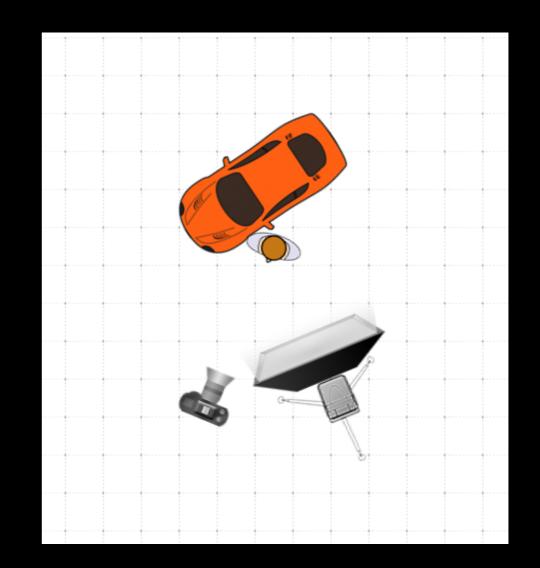




PEOPLE

Expose for the background first then introduce flash. HSS shutter set high, F/1.8, ISO as low as possible, same 45 degree angle, softbox about 4-5 feet away from the subject





Light source should be at a 45 degree angle between you & the subject. Slightly above them so the light rains on them for dramatic shadows









DETAILS

Use HSS set high to kill ambient light, F/1.8, ISO 100 1/16 - 1/8 flash power and softbox 1-2 feet from subject. The closer the light source the softer the light will be.

No backdrop? No problem



KILL all the ambient light by maxing out the shutter speed, set flash to full power, ISO around 400-640, F/1.8

Techniques

- * Shoot low to show dominance OR make your subject(s) appear larger
- Incorporate motion. When the subject(s) are moving it gives the shot more of that "boom shakalaka" effect.
- If you don't know where to shoot, look up. Your surroundings include more than what you see in front of you. Don't be afraid to play with different angles.
- Be creative. Not everything needs to be an H&M ad. Have fun with it & play with what's around you.

