

Loop and Release

Martina O'Shea

London Fields Lido 2025





Loop and Release was installed at London Fields Lido, a communal space where bodies move through water and ritual simultaneously. The project explored **holding, storing, and recording**: how memory is carried in the body.

Sculptural elements referenced shrines in Kerry, places where offerings hold stories translated here into contemporary forms that sit between the sacred and the makeshift. Past gestures were looped into the present, letting glitch operate as a remix: repetition that alters meaning with each return.

A series of cassette-insert prints acted as both publication and disappearance, slowly removed by visitors as the show progressed, a material release that echoed the exhibition's title and its logic of **letting go**.

A performance component developed in collaboration with **The Fourth Choir** is planned as part of the ongoing evolution of the work, extending its focus on collective voice and ritual in public space.





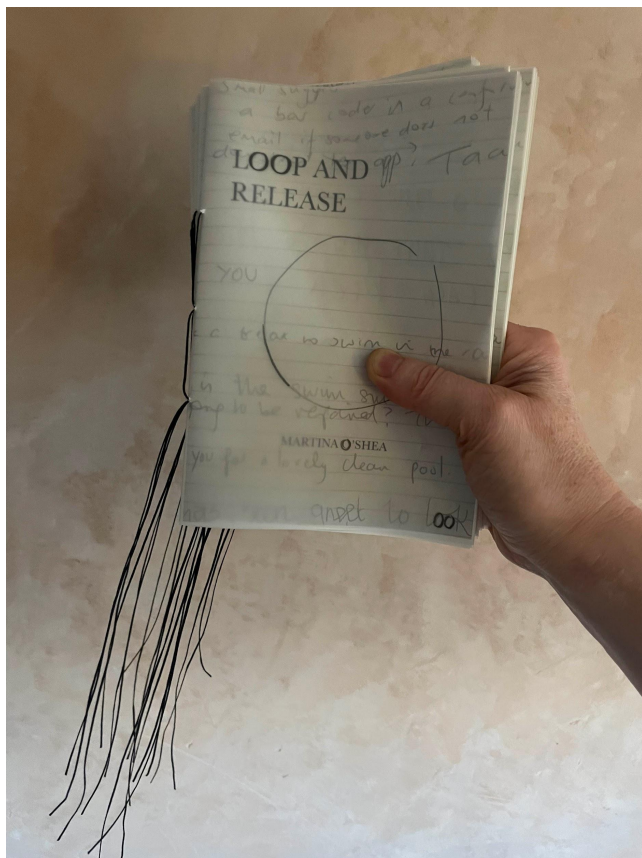












Loop and release zines edition of 50, containing 7 song/poems with a bonus track poem at the end that found it's way in.

Loop and Release Zine



www.martinaoshea.com